STAY SAFE!
CUB SCOUTS

WHEN I’M GOING OUT
- I always ask permission and agree where we are going.
- I don’t talk to people I don’t know and tell an adult if someone is nasty to us.
- If I am going to be home late, or go somewhere else, I always phone or text my parents first.

WHEN I’M ON MY CELL PHONE
- I never give my number to people I don’t know. And I never give it to people I chat to online.
- I send pictures to my friends. But I never send pictures to people I don’t know or people I chat to online, as I don’t really know who they are.
- I never reply to texts or emails from people I don’t know.

WHEN I’M ONLINE
- If I want more help or to report a problem, I can go to www.KidsHelpPhone.ca.
- I don’t put a picture of myself on my profile or details of where I live or go to school.
- I don’t use webcams to instant message people who I’ve not met offline.
- On social networking sites, I make my profile private so only my friends can see it.
- I don’t give out my address or phone number.
- I don’t open emails from people I don’t know.

IF I GET BULLIED…
- I talk to someone I can trust.
- I can go to www.KidsHelpPhone.ca – a website that can help.
- I can talk to a parent, teacher or Cub Scout Leader who can stop the bully.
- I can call Kids Help Phone anytime, 1-800-668-6868

WANT TO TALK?
Feeling upset? Not sure who to speak to?
w: KidsHelpPhone.ca
t: 1-800-668-6868

SCOUTS CANADA
E: HELPCENTRE@SCOUTS.CA
T: 1-888-726-8876
It starts with Scouts.