



Tiny Ones



PLAN:

- It can be useful to have a nurse, doctor or other healthcare professional help with this Adventure.
- The GlitterBug products that are used for this activity are manufactured by the Brevis Corporation and may be available from local community health units. You can also buy them online at <http://www.brevis.com/glitterbug>.
- Designate a darker space in your meeting space where Youth can check for germs using the UV Lamp. Ideas might include a banker box, a blanket over a table or a room where you can turn off the lights.

- With Howlers, contaminate some surfaces in the meeting area with the GlitterBug powder before beginning the activities. Either use a battery powered lamp or make sure the extension cords are long enough to check each area.

DO:

Activity #1: Infection Tag

- Explain that the potion simulates germs and the game shows how they can grow and spread really quickly if we do not pay attention to get rid of them.

SUGGESTED TIMING:

- Plan: 10 minutes
- Infection tag: 5-10 minutes
- Getting rid of the bacteria: 20 minutes
- Play detective: 20 minutes
- Review: 10 minutes

REVIEW:

- This activity can alternatively be done using washable paint or a mix of lotion and glitter to simulate the germs.

