

Questions to ask the Youth as the Activities are Reviewed

At the end of an Adventure, it is time for review. As part of the review, take time to consider which of the SPICES emerged when doing this Adventure.

- **Social • Physical • Intellectual • Character**
- **Emotional • Spiritual**

Here are some other thoughts about the SPICES as part of The Canadian Path.

- The Plan-Do-Review process focuses on the Six Program Areas*. The planning is not done around the SPICES.
- While we don't plan our Adventures around the SPICES, experiences that lend themselves to development in one or more of the SPICES will naturally emerge in each Adventure.
- **The key is to remember that our goal in Scouting is the development of the whole person.** Just keep that in mind throughout the Plan-Do-Review for Adventures and you'll be surprised how you begin to notice the SPICES.
- **Each youth's development is a personal progression.** Each Adventure may develop different or multiple SPICES in each youth. This is an organic process, not a planned process. As a Scouter, you are there to notice and help youth celebrate their milestones during their development.
- **As you get to know the youth in your Section, you will begin to identify specific SPICES where each might need encouragement to grow.** Then you can look for opportunities you can provide for that youth to explore that particular area. Example: Is there one youth who never wants to lead a game? Take time to get to know the youth and find out why. Maybe he or she is scared to speak in public (social), or not sure how to remember the instructions (intellectual) or feels awkward in the movements required in the game (physical). Once you have identified what SPICES the youth needs to develop, you can find smaller steps that will help them grow and ultimately help prepare the youth to take on leadership of the game.
- **Remember it is all about personal progression.** There are no set standards to reach in the SPICES. One youth may talk all the time and be very comfortable socially, while another youth who talks all the time may be covering up a great deal of anxiety about working in groups of people. You need to get to know the youth.
- **The review process is the place where the SPICES are integrated.** Reviewing should never feel formal. Instead, it should be a casual discussion where everyone's input is welcome. Ask questions from the lists provided below that are appropriate to the individual youth and the Adventure will bring attention to the SPICES. You won't need to use all of these questions every time you do review. Pick and choose the questions appropriate to the Adventure and feel free to re-word them or add your own questions. If the answer given is a short yes, no or maybe, invite the youth to tell you a story or give you an example to explain.
- **The role of a Scouter** is not to teach SPICES, but to maximize opportunities for growth and development of the youth as a whole. Scouters should notice when this growth happens and help the youth discover this personal growth. Youth and Scouters should keep SPICES in the back of their minds throughout the Plan-Do-Review of Adventures. Many will be surprised when they begin to notice the SPICES emerging throughout the Adventure.

* Six Program Areas: Environment and Outdoors, Leadership, Active and Healthy Living, Citizenship, Creative Expression and Beliefs and Values



Social

I work with others as part of a team, sometimes leading and sometimes participating.

- How did you talk with others when working on this Adventure?
- How did someone help you in completing this Adventure?

- How did you help someone in completing this Adventure?
- What did you learn about how you worked as a team?
- What did you learn about how people work together?
- Talk about how someone (another Beaver Scout, a friend, an adult, a parent, a Scouter, etc.) did something in a way that surprised you as you were working on this Adventure.



Physical

I take care of my body and keep it healthy with good food and exercise.

- How did you use your body in working on

this Adventure?

- How was your body physically challenged?
- How did you need to take care of or protect your body in some way?



Intellectual

I love learning, creating, imagining and discovering.

- What did you learn that you didn't know before?
- What did you teach someone else as you worked on this Adventure? How did you teach them?

- How did you use your brain to figure out something for this Adventure?
- What did you need to create in order to work on this Adventure?
- After this Adventure, what would you like to learn more about and how might you do it?



Character

I am true to myself and I treat others with kindness and respect.

- What rules did you have to follow while working on the Adventure?
- Were there people or places you needed to respect?

- What did you learn about yourself as you did this?
- How did you feel if you ran into difficulty? What did you do to deal with that?
- How did you follow the Beaver Scout Law, Promise and/or Motto in this Adventure?



Emotional

I talk about my feelings and share them in helpful ways.

- What did you learn about and what didn't you enjoy?
- How did you feel as you were doing this Adventure?

- What surprised you, frustrated you, delighted you or inspired you?
- Did you share what you felt with anyone? i.e. frustration, delight, etc.?



Spiritual

I'm part of something bigger than myself: my family, my community, the world and God. I respect what others believe.

- What did you do that made a difference to you, to your family, to your community and/or to the world?

- What did you discover that you believe about yourself? About others? About animals? About the world? About God?
- Did you need to show respect to someone and what they believed? What was it?

