

North, South, East, West

RUSTY'S MEADOW Active & Healthy Living



The Adventure:

Do you know the four directions on a compass? That's right! North, South, East and West!

Use a compass to figure out the four directions while standing in a square court or field.

All the Beaver Scouts start in the middle, and one Beaver calls out a direction. Everyone has to run to the line on that side of the court or field, and the last Beaver is out.

Play until every Beaver is out except for the winner.



Online Resources:

- Learning Directions
- West, East, North and South song
- North, South, East and West song

Safety note:

- It is safest to play this game outside, or indoors on a court where the lines are not close to any walls. Racing to touch walls is not safe.
- What should you have on your feet for this Adventure?

Plan:

- What gear do you need for this Adventure?
- Who will call out the directions? How will you decide?
- Who will decide which Beaver is out?
- When and where will you play?
- What will the Beavers who are out do while the game is still being played?

Do:

- Play "North, South, East, West." Take time for several games—everyone can have lots of fun!

Review:

- What do you know now that you did not know before?
- Why is it useful to know your directions?
- How might you figure out the directions if you do not have a compass?
- What would you like to do next using a compass?