

Ticks Don't Tickle!

RUSTY'S MEADOW
Active & Healthy Living



The Adventure:

As a Colony, Beaver Scouts can help one another to look out for ticks. You can practise by using small dot stickers. Place a sticker somewhere on yourself, then have your friends try to find it and safely remove it with a set of tweezers.

After playing, share some ideas on how to avoid getting ticks.

Online Resources:

- Tick attachment and removal
- Symptoms of Lyme disease

Safety Note:

Why should you practise taking ticks off with tweezers? When a tick bites, it sticks its head right under your skin. If you pull a tick off with your fingers, you can leave its head behind, and this can make you very sick.



Plan:

- What do you need for this game?
- How should you dress for this game?
- Where on your bodies will you most likely find ticks?
How can you find out?
- How should you pull a tick off? How can you find out?
- Has everyone agreed on all the details?

Do:

- Play "Ticks Don't Tickle!". Can you find every tick?

Review:

- What do you know now that you did not know before?
- What was the trickiest tick to find?
- How can you prevent getting ticks?
- Why is it important to prevent tick bites?