

Plan:

- Is there a local expert who can show your Crew the wild edibles that can be found in your area?
- What other resources can you use?
- When and where will you learn about wild edibles?
- When and where will you gather wild edibles for a meal? Will this be an individual or a team challenge? How will you prepare what you've gathered?

Do:

- Learn about and sample as many different wild edibles as you can.
- Gather a substantial amount and variety of natural wild foods for a good meal.

Review:

- What do you know now that you did not know before?
- Did you learn about any new wild edibles that you particularly enjoyed?
- What were the favourite foods of others? Was there anything the group as a whole liked best?

Safety note:

Do not eat any wild foods you're uncertain of. If you suspect something is safe to eat but you're not positive, ask an expert. Be aware that some food may be safe for some to eat, but may cause allergic reactions for others.

Online Resources:

- [Les Stroud on wild edibles](#)
- [Les Stroud's favourite meal](#)
- [Wild Edibles in Northern Ontario](#)
- [Parks Canada Heritage Gourmet App](#)



It starts with Scouts.

Bush Tucker

Environment & Outdoors



The Adventure:

In Australia, the term "bush tucker" is used for the wild edible plants and grubs that can be gathered for survival.

If you found yourself stuck in the wilderness without food, how would you fare? Do you know what's edible in your part of the country? Much will depend on the time of year. Being able to find wild edibles in the fall, winter and early spring is especially challenging.

From an expert, learn about the natural food that you can expect to find in the wilderness closest to where you live. Can you gather enough for a satisfying meal?



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