Plan:
- What vessel will you sail? How many hands are required?
- Who will take part?
- When and where will you share this adventure?
- Will you have any particular objectives? Will you work on your Outdoor Adventure Skills?
- What is your budget for this adventure?
- What gear and supplies are required?

Do:
- Share a sailing outing with your crew. Be the skipper and make sure that the outing is safe and rewarding for all involved.

Review:
- What do you know now that you did not know before?
- How did your sailing crew respond to your leadership?
- What techniques did you use to lead your crew?
- What obstacles did you encounter, and how did you overcome them?
- What would you do differently next time?

Safety note:
- What level of expertise is required for the expedition you are considering? Do enough sailors have the skills to safely manage the expedition?

Online Resources:
- Outdoor Adventure Skills
- Camping & Outdoor Activities
- AdventureSmart: Sailing

The Adventure:
Some outdoor pursuits are more dependent upon teamwork than others. Solo hiking or paddling can be a rewarding experience. Sailing, too, can be enjoyed independently; however, bigger vessels on bigger waters require more hands to sail.

Managing a crew is a great way to develop your leadership skills, and different contexts will require different styles of leadership. The other Rover Scouts on your sailing crew might benefit from your mentorship if they are not already accomplished sailors. However, if you have an exceptionally competent sailing crew, you might have the opportunity to explore your skills in a race or on a long expedition.