



**Plan:**

- When and where will you have your camp?
- When and where will you plan your menu (in pairs)?
- Will each pair do its own shopping?
- What is your Patrol's food budget for this camp?
- What meals are appropriate to the camp?
- Will you have a common ingredient? Will it be a surprise?

**Do:**

- Brainstorm and practise great camp recipes
- Prepare some awesome meals that will wow everyone's taste buds!

**Review:**

- What do you know now that you did not know before?
- How were you able to come up with great meals, especially if you had to plan around a single ingredient?
- Whose meal did you most enjoy? What was so great about it?
- Which dish would you prepare again on a camp?

**Safety note:**

Are there any food allergies in your Patrol?

**Online Resources:**

- Outdoor Adventure Skills
- Pita Pizza
- Spicy Pad Thai

# Camp Master Chef

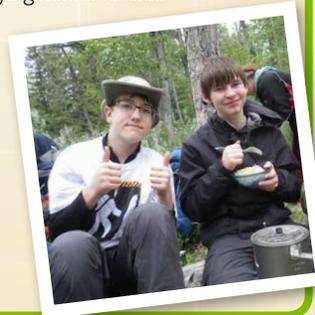


**The Adventure:**

A master chef challenge is a cooking contest. Competitors have to prepare a dish or a meal, and judges decide who's come up with the tastiest creation. Often, the playing field is leveled by requiring everyone use the same key ingredient. This twist can even be a surprise to the cooks.

Plan a camp where members of your Patrol compete against one another to come up with the most delicious and memorable meal. You can work in pairs to impress your Patrol-mates, and come up with a judging system to decide on a winning pair at the end of the camp. You might even want to use a special key ingredient—but it should be something that you'll be happy to eat at every meal of your camp.

...How does everyone feel about spinach?



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