



Plan:

- When and where will you go sailing? Is there a local club who can host your Patrol for this Adventure? Are there other experts who can provide important help for this Adventure?
- What is your budget for this Adventure?
- Are there certain skills you want to learn?
- Will this be a one-day introductory experience or something bigger?
- How should you dress?
- What gear do you need to bring?

Do:

- Enjoy an amazing sailing Adventure!

Review:

- What do you know now that you did not know before?
- What was your favourite part of this Adventure?
- How did your Patrol overcome any problems you encountered?
- How did you feel before, during and after this Adventure?
- How can you build on this experience?

Safety note:

What do you need to remember to stay safe for water-based activities? Even if you're heading out on a pretty big boat, these same rules will apply.

Online Resources:

- [Outdoor Adventure Skills](#)
- [Sail Canada](#)
- [AdventureSmart](#)

Canadianpath.ca

Sails Pitch

BRUCE TRAIL
Active & Healthy Living



The Adventure:

What are some of the great Adventures your Patrol has shared on the water? Canoeing? Kayaking? ...What about sailing?

Sailing can be a bit more complicated than other activities on the water, but it's a fun and exciting activity. Why not plan a day out on the water learning some of the basics of sailing?

There may be some Sea Scouts in your area who would be happy to teach your Patrol some new skills, or you can get together with a local sailing club for an introduction to the sport.

Once you've learned some of the basics, there are endless Adventures you can look forward to enjoying out on the water with the wind in your sails!



S-18



It starts with Scouts.



Plan:

- When and where will you go sailing? Is there a local club who can host your Patrol for this Adventure? Are there other experts who can provide important help for this Adventure?
- What is your budget for this Adventure?
- Are there certain skills you want to learn?
- Will this be a one-day introductory experience or something bigger?
- How should you dress?
- What gear do you need to bring?

Do:

- Enjoy an amazing sailing Adventure!

Review:

- What do you know now that you did not know before?
- What was your favourite part of this Adventure?
- How did your Patrol overcome any problems you encountered?
- How did you feel before, during and after this Adventure?
- How can you build on this experience?

Safety note:

What do you need to remember to stay safe for water-based activities? Even if you're heading out on a pretty big boat, these same rules will apply.

Online Resources:

- [Outdoor Adventure Skills](#)
- [Sail Canada](#)
- [AdventureSmart](#)

Canadianpath.ca

Sails Pitch

BRUCE TRAIL
Active & Healthy Living



The Adventure:

What are some of the great Adventures your Patrol has shared on the water? Canoeing? Kayaking? ...What about sailing?

Sailing can be a bit more complicated than other activities on the water, but it's a fun and exciting activity. Why not plan a day out on the water learning some of the basics of sailing?

There may be some Sea Scouts in your area who would be happy to teach your Patrol some new skills, or you can get together with a local sailing club for an introduction to the sport.

Once you've learned some of the basics, there are endless Adventures you can look forward to enjoying out on the water with the wind in your sails!



S-18



It starts with Scouts.