

Plan:

- Is there a local birder or birding group who can share best birding practices, especially for journaling?
- What gear will you need? How will you get to the location?
- What kind of journal do you want to keep? Why not have your style of journal complement some of your other passions: photography, writing, sketching, painting, blogging, videography, etc.
- When camping, why not take advantage of free time to get out your binoculars, and try to take notes while observing or at the end of each day?
- Consider setting a goal, and work towards it. You may want to refine your journal into a product for others to enjoy: a presentation to the Company, a photo album, a series of poems, etc.

Do:

- Get out and observe some birds. If possible, dedicate several outings with this as the focus.
- Journal your bird sightings.

Safety Note:

Give bird nests lots of space. Many birds will aggressively defend their territory.

Review:

- What do you know now that you did not know before?
- What were some highlights of this activity?
- What challenges did you face?
- Did you do this alone, or as part of a group? How did the group get along?
- Were you easily motivated? Why or why not?
- Will you continue with this hobby? Why or why not?



It starts with Scouts.

Birding Journal

Environment & Outdoors



The Adventure:

Keep a journal of bird observations over a number of outings. This is a great way to learn about birds (and the broader ecosystem) in your area.

Online Resources:

- Visit eBird
- Why Novelist Jonathan Franzen Loves Birds
- Top five bird-watching tips
- Birders: The Central Park Effect (trailer)
- How to Identify Birds by Sight
- How to Get Started Birding



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