

**Plan:**

- Will this be an independent activity, or will members of your Company form an Expedition Team to write (and possibly share) journals?
- When and how will you review your camp journal?

**Do:**

- Keep a daily camp journal for all of your camps over a year, and then review what you wrote. You might find that this is a habit you want to keep for life!

**Review:**

- What do you know now that you did not know before?
- What did you think when you reread your journal? Was there anything important that you had forgotten?
- How did you share your journal with others in your Company (if at all)?
- Is this a habit you will try to keep in the future? Why or why not?

**Safety Note:**

While you may or may not want to share your journal someday, keep in mind that a written record might not always be as private as you would like. Do not write anything that you (or others) would prefer is never shared.

**Online Resources:**

- [How the Written Word Transformed Humanity](#)
- [Neil Gaiman's Advice to Aspiring Artists](#)



It starts with Scouts

# Camp Journal

Creative Expression

**The Adventure:**

Not very many people keep a daily journal, but for some in Scouting, keeping a daily journal while at camp is an important and rewarding part of trading one's day-to-day routine for the pleasures of camping. A camp journal is a great way to reflect on your personal development. Writing down little camping skills you've been taught is a good way to remember them, and taking the time to put deeper thoughts and feelings into words can help you to understand a little more about yourself, the other Venturers in your Company and even the wonder of nature itself.

And it doesn't have to just be words! Add drawings, receipts, and photos that reflect your experience.

Keep a camp journal for a year. At the end of the Scouting Year (or the beginning of the next), read what you were thinking and feeling during past camps. Your younger self might just have some valuable lessons to share!

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