Plan:
- Is there a community garden in your neighbourhood that your Expedition Team can volunteer at? If not, can you establish a new garden yourselves?
- Does the garden donate food to a charity? If not, will you donate what your Expedition Team grows on its plot?
- What equipment do you need?
- What will you grow?
- What will your schedule be for working at the garden?

Do:
- Volunteer at a community garden for a growing season.

Review:
- What do you know now that you did not know before?
- How did your Expedition Team get along? Did every Venturer do his or her part?
- How did you feel before, during and after this experience?
- What was most rewarding about this Adventure?
- What would you do differently next time?
- Has this experience changed how you feel about gardening? About food in general?

Safety note:
- Wear gloves when gardening to prevent blisters, cuts, scrapes and infections.
- What do you need to remember about safety around gardening tools?

Online Resources:
- Toronto Green Community
- Community Gardens in Victoria
- Community Gardens in Vancouver

The Adventure:
Do you have a green thumb? Have you ever tried growing your own food in order to find out?
Community gardening is a great way to connect with nature, build your community, and provide healthy, locally grown food for those in need.
Form an Expedition Team to volunteer at a community garden. You can discover a new part of your neighbourhood, meet new people and experience the rewards of nurturing plants from seeds to harvest.

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