The Adventure:
Form an Expedition Team and learn to knit. Knitting is a fun, relaxing and rewarding skill, and it’s a gift that can literally be shared with others as just that—a gift.

Once the members of your Expedition Team have begun to master knitting, decide on a good way to put your new talents to use. There are a variety of charities that will appreciate the hard work your Expedition Team has put into crafting valuable knitted items.

Plan:
- Are there any members of your Company who can teach others to knit? If not, who else might be able to mentor the Expedition Team?
- What tools and materials will you need?
- What is your Expedition Team’s timeline for this project?
- What will you try to make? What are recommended projects for beginners? What about those with more experience knitting?
- What charities might benefit from what you make?

Do:
- Learn to knit. Make useful items and share them with those in need.

Review:
- What do you know now that you did not know before?
- How did you feel before, during and after this Adventure?
- What problems did you encounter, and how did you overcome them?
- How did your Expedition Team work together to learn this new skill?
- What new knitting projects might you take on in the future?

Safety Note:
Some people are allergic to wool and it shrinks if not washed properly. Using acrylic or cotton yarn is a safer bet for both the knitter and the recipient of whatever’s knitted.

Online Resources:
- Learning to knit? Classes, books and videos to help you on your way

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