The Adventure:
Visit an apple orchard and find out how this delicious fruit is grown! Apples are grown all across Canada. Many kinds of apple were created or discovered in Canada, including the famous McIntosh apple.
In the fall, many apple orchards allow people to pick their own apples. It's a fun way to spend an autumn afternoon!

Plan:
- What orchard will you visit?
- What weather do you expect? How will you dress?
- What should you pack?

Do:
- Explore an apple orchard!
- Pick your own apples, and then have one for a snack! Yum!

Review:
- What do you know now that you did not know before?
- What was your favourite part of this adventure?
- How do you enjoy apples?
- What does an apple tree look like? What clues are there, other than the apples, that you might be looking at an apple tree?
- How did you stay safe on this adventure?

Online Resources:
- Five worth the drive for apples
- 8 Place to go Apple-Picking With Your Family near Halifax
- Farms, Orchards & Markets
- Fredericton students go apple picking
- Newcastle, Ont.: the apple capital of Canada

Safety Note:
- Use the buddy system. Help one another to avoid getting lost.
- If you do get lost, remember to hug a tree!