The Adventure:
Many people enjoy bird watching. Those who do often keep a journal, or life list, of the birds they’ve seen—noting when and where the birds were observed.
You can do the same for other things you find in nature, such as flowers, butterflies or trees.
Keep a journal of the trees you can identify on a hike or a camp. If you find trees you can’t identify, use a guide to figure out what you’re looking at.
You can even make this a competition with others on your Expedition Team. Who can identify the most trees?

Plan:
• Is there a local expert who may be able to help your Expedition Team learn to identify trees? What other resources may be helpful?
• What gear will you need?
• Where will you go? How will you get there?
• What kind of journal do you want to keep? Why not have your style of journal complement some of your other passions: photography, writing, sketching, painting, blogging, etc.

Do:
• Get out and take careful note of the trees around you. If possible, dedicate several outings to this focus.

Review:
• What do you know now that you did not know before?
• What were some of the highlights of this adventure?
• What challenges did you face?
• Did you do this alone, as part of a group?
• How did the group get along?
• Were you easily motivated? Why or why not?
• Will you continue to explore this interest? Why or why not?

Safety Note:
• Be aware of hazards you might encounter on your outing. Check out the “Hazardous Plants” safety tip and the “Bug Bites & Stings” safety tip for help identifying some dangers to keep in mind.
• Remember to share a trip plan before heading off on your adventure! Someone back home should know where you’re going and when you plan to be back.

Online Resources:
• Leave No Trace
• Learning to Recognize the Trees of British Columbia
• Tracking the Trees and Shrubs of Kananaskis Country
• Ontario Tree Atlas

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