

### Plan:

- Is there a local expert who can show your Expedition Team the wild edible trees in your area?
- What other resources can you use?
- When and where will you learn about wild edible trees?
- When and where will you try to gather wild edibles from wild trees in your area?

### Do:

- Learn about and sample as many different wild tree edibles as you can.
- Gather a good amount and variety and share a rewarding snack!

### Review:

- What do you know now that you did not know before?
- Which of the foods you gathered did you most enjoy?
- Which of the foods you gathered was the most popular overall?

### Safety Note:

Do not eat any wild foods you're of which you're uncertain. If you suspect something is safe to eat but you're not positive, ask an expert. Be aware that some food may be safe for some to eat, but may cause allergic reactions for others.

### Online Resources:

- **The all-American fruit you've probably never heard of**
- **Pawpaw**
- **Pawpaw is a tropical fruit that actually grows in Ontario**
- **Black Walnut**
- **Wild Edibles—Black Walnuts**
- **Pin Cherry**
- **Black Cherry**
- **American chestnut**
- **Science finds a way to bring back the American chestnut tree**
- **Saskatoon Berry**



It starts with Scouts.

## Wild Tree Edibles

Environment & Outdoors



### The Adventure:

Trees are a great source of wild edibles. Do you know what wild trees can be a source of food in your part of the country?

What you can eat from the trees in the forests near you depends on the time of year. Knowing what you can eat from the trees, and when, is an impressive—and possibly life-saving—bushcraft skill worth developing.

From an expert, learn about the natural food that you can expect to find in the trees closest to where you live. Can you gather enough for a hearty snack?



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