

# SC YLT

## Keep It Up Chain

### The Adventure:

In your Lodges, work together to keep a ball in the air. The better you can work together, the longer you can keep it in the air. Try to set a record!

You can try different variations depending on how long you can keep it up for. Perhaps you all only use one hand, for example.

### Safety Note:

While you're focused on not letting the ball touch the ground, remember to watch out for your team and not run into them or step on any toes!

### Online Resources:

Balloon Keep Up ([youtube.com/watch?v=UyscH3vx0LA](https://www.youtube.com/watch?v=UyscH3vx0LA))



## MALAK'S MAPLE

### Leadership: Teamwork



### Plan:

- Where will you get a beach ball for this adventure?

### Do:

- Maybe ask the facilitator to time you, so you can keep track of how long you can keep the ball in the air.
- Have fun!

### Review:

- What do you know now that you did not know before?
- What was hard about keeping the ball up in the air?
- What made it easier?
- What caused you to drop the ball, the times that it did touch the ground?