

# SC YLT

## Superhero Mission Quest

### MALAK'S MAPLE

#### Leadership: Plan-Do-Review



#### The Adventure:

Go on a mission to save the world! Follow a map and overcome challenges to save the day!

Complete a series of tasks to get different items. When all the tasks are complete, you will have one final task: put all of your handprints on a magical plate.

Take turns tackling each challenge based on your super powers!

#### Plan:

- Can your team of superheroes complete the quest?
- How can you use each superhero's individual strengths to complete the challenges?

#### Do:

- **Task 1: Spider Web:** The Evil Spider Lord has created a web to trap you! Find a way to get everyone through the web.
- **Task 2: Hot Chocolate River:** Count Chocula has flooded the area with hot chocolate. The hot chocolate river is too hot to swim across. Use marshmallows (gym mats) to get across the river. You can only stand on marshmallows to cross the river. Work as a team to get to the other side.
- **Task 3: Climb the Mountain:** Oh no! There is a mountain in the way! Climb to the top as a team.
- **Task 4: Secret Code:** You must crack the secret code to get through a magic door.
- **Task 5: Save the Magic Toad:** The toad is on a stone surrounded by quicksand. Without crossing the quicksand, you must save the magic toad using the materials provided (rope, elastic bands, cups).
- **Task 6: Help the Small Island of Lake Big:** Small Island has a drought. Its people can't grow any plants. You must turn the island over because there is better soil underneath. You must all stand on the island and—without leaving—flip it over. (The island is a small tarp with little space to spare when everyone is standing on it.)

Once all tasks are complete, you will come to the magic plate. Each member of your Lodge will dip his or her hand in paint and put a handprint on the plate. Once that is done, the world will be saved!

#### Safety Note:

How can a superhero get hurt at each station? Talk it over as a Lodge before getting started.

#### Online Resources:

Hot Chocolate River Teambuilder  
([youtube.com/watch?v=gMjxZglpgUc](https://www.youtube.com/watch?v=gMjxZglpgUc))

#### Review:

- What do you know now that you did not know before?
- What was hard about the activity?
- Who did something very well? What did they do?
- What would you do differently next time?
- How did someone help you do the task?
- What are you most proud of doing?
- What worked well? What didn't work so well?