**The Adventure:**
Draw a picture of a conflict you had with someone in your family, a friend or another Beaver. You can even draw a picture of a conflict you had with a stranger. Get together with your Lodge and share your pictures, one at a time. You can talk about your picture to help share what you have drawn. The other Beavers will then say how they would feel in your situation.
Your facilitator can write down the feelings shared on Post-it notes and put them on each drawing.

**Safety Note:**
Your picture will be shared with the other Beavers. Draw a conflict that you do not mind sharing with others.

**Online Resources:**
Share Your Feelings, Use Your Words (youtube.com/watch?v=GtrSn8WwCa4)

**Plan:**
- What materials do you need for this adventure?
- How long will you take to draw your pictures?
- What conflict will you share?

**Do:**
- Draw a picture of a conflict you had with someone in your family, a friend, a stranger or another Beaver.
- Share your picture with your Lodge. Tell the other Beavers what happened.
- When other Beavers share their pictures, share how you feel about the conflicts they have drawn.

**Review:**
- What do you know now that you did not know before?
- What new words did you learn from the other Beavers?
- How did the other Beavers feel about your conflict? What words did they use?
- Why is it important to have words for our feelings?
- What other words for feelings can you think of that did not come up?