**The Adventure:**
Have you played charades before? It’s a game in which you act out clues for your team to guess a phrase or title. The catch? You can’t speak or make any sounds! This is a fun way to explore non-verbal communication.

**Plan:**
- What phrases, titles and characters will you write down as clues for this game?
- Will you have a theme to your clues (like superheroes)?

**Do:**
- Play charades in teams or as a large group.

**Review:**
- What is one thing you learned about nonverbal communication?
- What was the hardest part about communicating your message?
- What are some other times in life when you cannot speak to communicate?

**Safety Note:**
Do a risk assessment before playing this game. Are there any slipping or tripping hazards?

**Online Resources:**
Marvel Heroes (marvel.com/characters)