

SCOUTS CANADA YLT Helium Hoop

COUNCIL ROCK

Leadership: Teamwork



The Adventure:

As a Lair, stand in a circle with your shoulders almost touching. Point your index fingers at the person standing across from you and hold them up at chest height. Everyone should have their fingers held at the same level.

Your facilitator will rest a hula hoop on your fingers. Your challenge is to bring the hula hoop down to the ground as a team.

Sounds easy, right? Here's the catch: everyone needs to keep both of their index fingers in contact with the hula hoop while you bring it down to the ground. You'll find this isn't nearly as easy as you expect!



Safety Note:

How can you make sure that your group does this activity in a safe space?

Online Resources:

Helium hoop
([youtube.com/watch?v=ZlelsFfJSCo](https://www.youtube.com/watch?v=ZlelsFfJSCo))

Plan:

- What materials do you need for this activity?
- Who will facilitate the activity? Who will lead? What's the difference?
- What strategy might be helpful for this challenge? Who in your group has done this activity before?

Do:

- Lower your helium hoop to the ground. Don't let it float away!

Review:

- What do you know now that you did not know before?
- Who emerged as a leader on this challenge? How did he or she lead? Was his or her leadership style appropriate?
- What was challenging about this activity? Why was this the case?
- How did your team communicate when doing this activity?
- What strategy did you find was successful?
- What other situations does this activity remind you of? Why?