The Adventure:

Something everyone can agree is important when planning an adventure is the food! Chances are your Pack has a few favourites that are part of every camp: pancakes or porridge for breakfast, hot dogs or hamburgers for supper, s’mores or banana boats for mug-up.

Imagine you’re headed out as a Lair on a weekend camp. Make a meal plan using Lego bricks! Use different colours of Lego bricks to represent what you’d like to eat on your trip. Now use that colour scheme to plan out all of your meals. Some colours may show up more than once—like light brown Lego bricks for hot chocolate with every mug-up! When you’re done, you should be able to tell at a glance what needs to be prepared for every meal. Best of all, it’s easy to keep track of any changes to your menu.

Safety Note:

What allergies are there in your Lair or Pack that you need to keep in mind when planning your menu?

Plan:

- What materials do you need for this activity?
- What meals will you share on your camping trip? How many menu items are there in total?
- What kind of camp will you plan meals for? How long will it be?

Do:

- Create a Lego meal plan!

Review:

- What do you know now that you did not know before?
- What was your favourite part of this activity?
- Will you use this for a real camp in the future? Why or why not?
- What other ways can you use Lego to help with planning, doing and reviewing an adventure?

Online Resources:

- Canada’s food guides (canada.ca/en/health-canada/services/canada-food-guides.html)
- Bit Planner (bit-planner.com)