



The Adventure:

On sticky notes, write two sets of numbers equal to the number of Cubs in your group taking part in this adventure. For example, if there are twenty Cubs, write 1 to 20 on sticky notes two times. Pass one set out so that every Cub in your group has a number from 1 to 20 (or whatever the highest number is). Give the other set of numbers to your facilitator.

Line up in order of your numbers, and then form a circle. The Cub with the number 1 should be standing between the Cub with the number 2 and the Cub with the highest number. Put your sticky note on the floor in front of you so that everyone else can see your number.

Your facilitator will then pass out the other set of numbered sticky notes at random. Peek at your number, but keep it secret. Put the sticky note in your pocket after looking at the number.

Watch the person with your secret number. Whatever he or she does, do the same yourself. For example, if the person you are watching scratches her nose, scratch your nose.

Somebody else will be watching you and copying your movements, and that person will scratch his or her nose too! Pretty soon, a chain of the same movements will happen.

Plan:

- Where will you share this adventure?
- What materials will you need?
- How much time will you take for this adventure?
- Who will facilitate this adventure?

Do:

- Create chains of movement by watching and copying others in your circle!

Review:

- What do you know now that you did not know before?
- What happened during the game? What changed by the end of the game?
- Why do small actions sometimes lead to big changes? What other times can you think of that this has happened?
- How did you feel copying someone else's movements? How did it feel when you made your own movement, not copying the person you were watching?
- When is it a good idea to follow someone else's lead? When is it a good idea to do your own thing?

Safety Note:

What movements and gestures are not safe for this game? Make some rules as a group.

Online Resources:

Momentum (www2.peacefirst.org/digitalactivitycenter/files/momentum.pdf)