

# SCOUTS CANADA YLT

## Make a Sandwich

### RED COAT TRAIL

#### Leadership: Communication



#### The Adventure:

Stand, back-to-back, alongside a table. Place supplies for making peanut-butter-and-jelly sandwiches on the table. The individuals facing the table will be responsible for making a peanut butter and jelly sandwich. Their partners, who are facing the audience, will provide the direction. Sandwich makers should follow these basic instructions: Do literally what your partner instructs you to do. You may not show your partner what you are doing until the sandwich is done, and your partner may not turn around to look. When you have completed the task, your partner may then turn to face the sandwich.

#### Safety Note:

- While this activity is predicated on removing common sense and only relying on explicit instruction, keep your common sense if you run into anything that could be potentially dangerous.
- How can you ensure this adventure is safe for anyone with allergies?



#### Plan:

- How will you make up your pairs?
- What materials do you need for this adventure?
- What problems in communication do you forecast?

#### Do:

- Make a sandwich!

#### Review:

- What do you know now that you did not know before?
- How could you have communicated more effectively with your partner?
- What was hard about receiving verbal instructions?

#### Online Resources:

**3 Ways to Express Your Thoughts So That Everyone Will Understand You**

