The Adventure:
Whether you realize it or not, you’ve likely had many leadership experiences in your life. As your facilitator reads statements about leadership, reflect on how those statements relate to your own leadership experiences. Share your reflection with the group and take a step forward to physically measure your growth as a leader.

Plan:
• What are the statements going to be?
  • e.g. I’ve never had a problem with being supervised.
  • I always prefer to speak positively about team members rather than negatively.
  • I put my team before my own advancement.
• Should the statements reflect a wide range of experiences and competencies?
• How are you designing the statements to inspire yourself and others to be better leaders?

Do:
• If you’ve exhibited this expression before, then take one step forward. When you take a step forward, you must say a sentence about when you did this (i.e. a past experience).
• It’s not about getting to the finish line, but about what we learn along the way.

Review:
• What do you know now that you did not know before?
• How can you build leadership by reflecting on your own experience and the examples of others?
• What skills can you learn to become a better leader?

Online Resources:
Why good leaders make you feel safe

Safety Note:
How can this activity take place in a "safe space" in which everyone is comfortable contributing and sharing?