



Every community and city have the potential to be sustainable. Sustainability goes beyond just the environment—sustainability includes three main pillars: the economy, the environment, and society! In Canada, we have a lot of different community types: we have a mix of urban cities, suburban towns, and rural farmlands. Within each of these different communities, there are lots of ways to become more sustainable. How is your community sustainable?

SUSTAINABLE CITIES AND COMMUNITIES

Scouts is the Start of a Thriving Community

DID YOU KNOW?

In Canada, **12.7% of the population** is living somewhere that is unsuitable, unaffordable or does not meet their basic needs¹.

In 2018, **Edmonton** was named Canada's most sustainable city. The city's environmental footprint, economic infrastructure, and social well-being all contributed to this ranking.

On an average night, over **14 000 Canadians** are spending the night in an emergency shelter².

22% of the population of Canada lives with a disability, but **less than 60%** of people with disabilities are employed³.

IN THE FIELD

A great way to ensure everyone has the food they need is for communities to have food banks that provide free foods to vulnerable populations. Often, they operate based off donations and fundraising. In 2018, Scouting youth in Ottawa raised an astonishing \$9,000 and 6,100lbs of donations and food from 12 Metro grocery stores for the Ottawa Food Bank! **(Ottawa Scouts Raise \$9K for Food Bank | Scouts Canada)**

Monetary donations, or people donating money, is a great way to support local food banks. Food banks can stretch the value of monetary donations further, meaning they can get more food than what would normally be purchased at retail value.



ARE YOU UP FOR THE CHALLENGE?

Have you seen renewable energy sources such as solar panels or wind turbines in or near your community?

If you were Mayor for a day and could change anything in your community to make it more sustainable, what would you change and why?

What services does your community have to help vulnerable populations? This could be a food bank, a temporary housing shelter or employment services.



FURTHER AFIELD

- Calculate your **Ecological Footprint** to see how many resources your day-to-day living is using within your community. Try this with your friends to see if there are patterns within your social group!
- Learn about **Green Roofs** and see if your community could implement structures with this sustainable feature.
- Try repurposing your garbage and recycling to create a fun, **sustainable art project**.

SCOUT READY

- Resources in our Community
- Picture Perfect Parks
- Good City Planning
- Renewable Resources
- DIY Disaster Preparedness Kit
- Track your Carbon Footprint
- Ride the Bus, Train and Subway
- Scouts Gives Back: Local Retirement Homes
- City Stars
- Complete Community Challenge
- The Trading Game
- Barriers to Work
- What Do I Do?