

CLAIM THE FLAME

TIPS FOR VIRTUAL PLANNING

- Use an idea-sharing platform like [Jamboard](#) or a virtual whiteboard tool to have everyone share their ideas.
- Put it to a vote! Use the zoom poll feature, a show of hands or a thumbs up/thumbs down idea to vote on what they would like to do.
- For younger youth, encourage them to use crayons or pencil crayons to draw what they might like to do.

WEEK 1

Beavers/Cubs

Learn about what **sports** are part of the real winter Olympic games. If there are some you do not know, watch videos to learn more about them.

Which of these sports have you tried? Are there any that you can try at home or any way to modify a sport to try in your neighbourhood? Visit a local rink and create a skating routine, or take your toboggan to a hill and practice your bobsled!

Senior Sections

Learn about different ways to move around in winter—by foot, on skis or snowshoes or even by dogsled! Is there any way that you can try out one of these methods of transport?

If you can't, pick one method and learn about where you can do this in your community (e.g. ski or snowshoe trails). Make a route plan for a future adventure!

WEEK 2

Beavers/Cubs

What are some easy ways to stay warm in the winter? Learn about the different pieces of winter gear that we wear and use and try making something yourself!

Challenge your youth to make a simple piece of winter gear, like a neck warmer, simple scarf or a sit upon! If it's hard to get supplies, build a snow sculpture with a purpose—use it to mark a path, create a snow bench or even a snow table!

Senior Sections

Using materials you have at home (with permission), upgrade your survival kit or first aid kit to make it winter-ready! Brainstorm different situations that might come up in the winter that you will not see in warmer weather—what can you add to your kit to respond to these situations?

WEEK 3

Beavers/Cubs

How can we get water in winter? Try gathering clean snow and using it for a drink or an experiment! Gather snow to make hot chocolate, or turn your backyard into a work of art by using water, food colouring and a spray bottle in place of paint.

Senior Sections

Make a buddy burner or cook a meal in a Dutch Oven. You can use your Dutch Oven in a regular oven—or if you don't have one, try making a foil meal in your oven!

Make your buddy burners together during a virtual meeting and use it to make a meal later on after it's cooled. Don't forget to take photos of your buddy burner meal to share with your friends!

WEEK 4

Beavers/Cubs

Choose a route in your neighbourhood and go for a winter walk with your family or friends. On your walk, look for animal footprints or animal homes, interesting sites or even cool snow sculptures! What will you find?

Senior Sections

Use your route plan from Week 1 and try going on a winter adventure! If that's not your style, learn more about ice safety and find a fun way to practice it while at home—use your carpet as a frozen lake and practice your pulls, rolls and reaching!



It starts with Scouts.