

Camp Packing List

Any Medication (see notes)		Bedroll (in carry bag or plastic)	
Uniform vest and necker		Sleeping bag	
Watch (optional)		Small pillow	
Appropriate Outdoor clothing		Extra blanket (optional)	
Outdoor clothing for Winter/Spring		Mess Kit	
Warm jacket		Mesh Bag (for drying dishes, no plastic bags)	
Snow pants		Unbreakable plate and bowl	
A toque		Sturdy knife, fork, and spoon	
2 pairs warm mittens or gloves		Unbreakable hot drink mug with lid	
Snow boots		Reusable water bottle	
Rubber Boots		Unbreakable cup	
Rain/Splash Pants		Toiletry Kit	
Rain Jacket/Poncho		Toothbrush and toothpaste	
In pack or duffle bag		Washcloth	
Indoor shoes/slippers		Soap in a Ziplock bag	
5 pairs of warm socks		Small packet of Kleenex	
3 pairs underwear		Hairbrush or comb	
2 t-shirts		Hair ties (for long hair)	
1 long sleeved shirt		Optional	
1 hoodie/sweatshirt		Book for reading during quiet time	
2 pairs of pants (no jeans if possible)		Stuffed bedtime buddy (1 only)	
Pyjamas		Camp Fire Blanket	
Toiletry kit (see below)			
Mess Kit (see below)			
Plastic bag (for dirty/wet clothing)			
Small handheld Flashlight (with extra batteries)			
Whistle (on string to hang around neck)			

NO FOOD FROM HOME

No electronics (mp3 / cd players, handheld games), pocketknives, walkie talkies, money, or irreplaceable items. No toys, trading cards, or anything that distracts the kids from participating in the group activities. If phones are allowed, they are to be used as a tool not as a toy. There are many apps that can be downloaded that can be helpful on a camp (e.g. What3words).

Useful tips:

- Maximum of 1 bag per youth, plus bedroll & pillow (backpack or duffel bag for gear)
- Put your child's name on everything.
- Please try and keep over night bag contents to a minimum.

Special notes for Medication!

All medication (prescription and over the counter) brought to camp must be:

- Labeled with the camper's name.
- In its original packaging.
- Accompanied by instructions as to its use and dosage OR provide written instructions
- Put medications in a plastic zipper bag clearly labeled with the camper's name and any instructions for taking them.
- Upon arrival at camp, please speak with Scouter in Charge to ensure they are aware of any medications. If your youth is attending camp alone, please give all medication to the First Aider (youth should not keep any kind of medication themselves)
- In the case of medication (including Epi-pens, rescue inhalers, insulin, etc.) required for potentially life-threatening conditions, please ensure you have reviewed instructions with our First Aiders and made them aware of your youth's particular situation.